# Tay-Sachs Disease (TSD)

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#### What is it?

 Autosomal recessive, progressive neurodegenerative disorder.



- Deficiency in alpha subunit of beta-hexosaminidase (HEX A) causes an accumulation of GM2 ganglioside.
- Most common among Ashkenazi Jews, but also more frequent among French Canadians of southeastern Quebec, Cajuns of southern Louisiana, and Old Order Amish in Pennsylvania

Most common form is infantile Tay-Sachs Disease.

## Symptoms of Tay-Sachs Disease

Affected infants appear normal at birth.

- Motor weakness, myoclonic jerks, and exaggerated startle reaction to sharp noise begin at 3-6 months.
- From 6-10 months, stagnation/decline in motor skills and decreasing visual attentiveness associated with the 'cherry-red' spot.
- Seizures common by 12 months, enlargement of the head begins at 18 months.
- Death usually occurs by age two to four, usually from bronchopneumonia

### Classical Diagnosis Methods

- A 'cherry-red' spot can be seen in the eye by funduscope due to lipid-laden ganglion cells.
- Presence of ballooned neurons in the central nervous system.



Early, persistent extension response to sound, known as the "startle reaction"

#### **Classical Treatment**

- Treatment is supportive, providing adequate nutrition and hydration, manage infectious disease, protect the airway
- Seizure control can be done with conventional anticonvulsants.
- For adult-onset individuals, conventional antipsychotic or antidepressent therapy is used for psychiatric manifestations.
- Lithium salts and electroconvulsive therapy has been shown to be effective against psychotic depression.

#### Novel Diagnostics

- Carrier testing can be done by HEX A enzymatic and HEXA mutation analysis.
- Before population-based carrier screening, TSD occurred around one in 3600 Ashkenazi Jewish births (1 in 30 carriers). Genetic counseling and carrier screening programs have reduced this by over 90%.
- In other groups, the disease is about 100 times less common (so around 10% the number of carriers)



#### Novel Therapies

- Enzyme replacement in the central nervous system and neuronal-corrective gene therapy are only at the theoretical stage.
- Clinical trials with inhibitors of the biosynthesis of glycoshingolipids have been initiated.
- Purified enzyme replacement therapy, cellular infusions, and bone marrow transplants do not have evidence of benefits.

#### Sources

- Entrez Gene: HEXA hexosaminidase A (alpha polypeptide)
  [Homo sapiens ]
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